

# Meal Plan Order Form

October - December 2021

St. John Brebeuf (Mondays)- **FORMS DUE OCT. 12**

Name: \_\_\_\_\_

Home Room: \_\_\_\_\_

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Please choose one of the following per week

Oct 18 Chicken Shawarma, Rice, Carrots	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
Oct 25 Meatballs, Mashed Potato, Mix veg	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
Nov 1 Beef Chili, Corn, Steamed Rice	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
Nov 8 Chicken Fried Rice, Mix Veggies	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
Nov 15 Scramble eggs, pork sausage, hash browns	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
Nov 22 Chicken Stir Fry, Rice, Mix Veg	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
Dec 6 Chicken Shawarma, Rice Carrots	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
Dec 13 Beef Chili, Corn, Steamed Rice	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
Dec 20 Meatballs, Mashed potato, carrots	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____

Small \_\_\_\_\_ Large \_\_\_\_\_ Portions No Sauce for Pasta \_\_\_\_\_

**Please indicate above if small or large portion or no sauce for pasta**

**All include choice of Apple or Orange Juice**

**Pasta is with Tomato sauce. If no sauce is required, please mark no sauce on sheet**

**Term Price for small Monday only \$63.36 Monday and Thursday \$ 105.60**

**Term price for large Monday only \$ 71.91 Monday and Thursday \$ 119.85**

**IF YOU ARE NOT BUYING FULL PROGRAM Small portion \$7.04 per meal per week Large Portion \$7.99 per meal per week.**

**Please make payable to St. John Brebeuf. For inquiries contact Gillian ([gillyh@me.com](mailto:gillyh@me.com))**

List of allergens your child has: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

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