

Meal Plan Order Form

April - June 2022

St. John Brebeouf (Thursdays)

Vegetarian

Name: _____

Home Room: _____

Please choose one of the following per week

April 7 Scrambled Eggs, Veggie Chicken, Oranges	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
April 14 Veggie Stroganoff, Egg Noodles, Carrots	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
April 21 Veggie Chicken, Rice, Cucumbers	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
April 28 Veggie Bolognaise, bread stick, Mix Veg	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
May 5 Veggie Marsala, mashed potato, Carrots	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
May 12 Veggie Fried Rice, Mix Veggies	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
May 19 Veggie Chili, Rice, Corn	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
May 26 Tofu Stir Fry, Rice, Mix Veggies	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
June 2 Tofu, Steamed Rice, Beans	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
June 9 Scrambled Eggs, Veggie Chicken, Oranges	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
June 16 Veggie Fried Rice, Mix Veggies	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____
June 23 Veggie Chili, Rice, Corn	_____	or Pasta with Sauce and garlic bread	_____	Orange Juice	_____	Apple Juice	_____

Small _____ Large _____ Portions No Sauce for Pasta _____

Please indicate above if small or large portion or no sauce for pasta

All include choice of Apple or Orange Juice

Pasta is with Tomato sauce. If no sauce is required, please mark no sauce on sheet

Term Price for small Thursday only \$ 84.48 Monday and Thursday \$ 168.96

Term price for large Thursday only \$ 95.88 Monday and Thursday \$ 191.76

IF YOU ARE NOT BUYING FULL PROGRAM Small portion \$7.04 per meal per week Large Portion \$7.99 per meal per week.

Please make payable to St. John Brebeouf. For inquiries contact Gillian (gillyh@me.com)

List of allergens your child has: _____

Signature _____ Date: _____
